

## Accessing the Service

Contact the Saranna Outreach Worker on (08) 9302 2222 for further information and assessment.

*Rural and remote assessments can be conducted by phone.*

## Our Mission

*Cyrenian House provides services with the aim of promoting improvements in the wellbeing of:*

- ~ People experiencing problems with the use of alcohol and/or other drugs ~
- ~ People who are impacted by other people experiencing problems with the use of alcohol and/or other drugs ~

A member of the Australasian Therapeutic Community Association (ATCA)  
This agency has been certified against the  
STANDARD ON CULTURALLY SECURE PRACTICE



Therapeutic Community  
Saranna Women and  
Children's Program



### Cyrenian House Head Office

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Phone: (08) 9328 9200 | Fax: (08) 9227 7431

### Therapeutic Community Residential Services

Phone: (08) 9302 2222 | Fax: (08) 9302 2237

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Or visit our website [www.cyrenianhouse.com](http://www.cyrenianhouse.com)

A residential alcohol and other drug treatment service  
for women with children



Saranna Early Childhood Education and Care Centre

*“By coming to Saranna for recovery, women can not only achieve freedom from the grip of alcohol and drugs, but discover who they really are...” (Resident 2013)*

The Saranna Women and Children’s Program is a residential alcohol and other drug (AOD) treatment program where women can live with their children whilst engaging in AOD treatment.

Each family is accommodated in their own individual house on the property.

To enable mothers to fully participate in the treatment program children attend a local primary school, or our purpose built childcare centre located in the grounds of the property.



## Assessment

Assessments are conducted by the Saranna Outreach Worker. These sessions are usually held at head office in Perth but telephone assessments are available for women living in rural and remote areas. Support and referral to additional services is provided where necessary for people preparing for admission.

## Treatment

The residential treatment program consists of:

- An individual treatment plan to address AOD issues, enhance parenting and life skills, and strengthen family relationships
- Family support from a team of professional staff
- Medical services provided by the on-site weekly GP clinic and local child health nurse
- Education groups on cultural security, gender & health issues
- Recreational activities
- Therapeutic groups using the Community as Method treatment approach
- Vocational assessment and assistance
- Links to community self help groups
- Consumer feedback where forums are provided for residents to give feedback about all elements of the service



## After Care

After completing the residential program families can access support through a variety of means:

- Counselling through Cyrenian House Non-residential Services
- Support and advocacy through the Saranna Outreach home visiting program
- Referral to other AOD and allied health services, parenting services and children’s services

*“We learn how to survive feelings and challenges, and grow to thrive for ourselves and our children...” (Resident 2013)*

