

Services

Cyrenian House provides services with the aim of promoting improvements in the wellbeing of:

- People experiencing problems with the use of alcohol and other drugs.
- People who are impacted by others' use of alcohol and other drugs.

Accessing the Service

- Information groups are held weekly for people wanting to find out about Cyrenian House TC programs.
- Assessments, support and preparation for entry to the TC programs are provided at Non-residential Services in Perth.
- Telephone/Skype assessments can be conducted for people living in regional, rural and remote areas.
- Visit our website to read more information or view videos about our service.

For further information or to arrange an assessment for the Serenity Lodge Therapeutic Community or the Rick Hammersley Centre Therapeutic Community, please contact Non-residential Services on **(08) 9328 9200**

Cyrenian House Head Office

318 Fitzgerald St, Perth, Western Australia
PO Box 49 Northbridge WA 6865
Phone: (08) 9328 9200 Fax: (08) 9227 7431
Email: enquiry@cyrenianhouse.com

Cyrenian House Non-Residential Services Perth

Phone: (08) 9328 9200 Fax: (08) 9227 7431

Therapeutic Communities

Serenity Lodge Rockingham

Rick Hammersley Centre Cullacabardee

North Metro Community Alcohol and Drug Service Joondalup and Warwick

Phone: (08) 9246 6767

CHMR Outreach Service Broome

Phone: (08) 9192 6400 Fax: (08) 9192 8410
Email: CHMRreception@cyrenianhouse.com

Saranna Early Childhood Education and Care Centre Cullacabardee

Phone: (08) 9302 6444
Email: educationandcare@cyrenianhouse.com



Serenity Lodge Therapeutic Community



Visit our website for information on all of our services
www.cyrenianhouse.com

*A residential alcohol and other drug
treatment service for adults*

Acceptance

"I will be forever grateful to Serenity Lodge for helping me to save my life"

Set in landscaped gardens close to the ocean and Rockingham café precinct the Serenity Lodge Therapeutic Community utilises the evidence based Community as Method treatment model.

Therapeutic Community residents address alcohol and other drug issues in a holistic way. A strengths based approach, therapeutic interventions and positive peer support teach and encourage self-responsibility and guide the individual towards optimal health and wellbeing.

Treatment consists of a four stage program. Residents can tailor their treatment experience to meet their needs and identified goals. A minimum stay of 16 weeks is recommended.

Consistent with the Cyrenian House commitment to the health of people who access our services, the Serenity Lodge Therapeutic Community is a tobacco free environment. Support and assistance to remain smoke free is included in the treatment program.

Inclusion

"Since coming to Serenity I have been shown there is hope for the rest of my life... I see a future for the first time"

Family Inclusive Practice, Community Connection

- Cyrenian House recognises the importance of family in the recovery journey and encourages and facilitates family and community connection.

Cultural Security

- All Cyrenian House staff participate in cultural security training.
- Events are held to recognise days of cultural significance for Aboriginal people.
- The property is smoked annually.
- The Cyrenian House Reconciliation Action Plan is endorsed by Reconciliation Australia.

Support

"I'd recommend this program to anyone because it taught me a lot of life skills and let me be a mother to my children again"

Program elements include:

- Treatment plans based on individual needs
- Therapeutic groups
- Education groups on health, gender and parenting
- 1:1 counselling
- Life skills
- Multidisciplinary case management
- Medical services provided by an offsite weekly GP clinic
- Facilitated links to community self help groups
- Opportunities for residents to provide feedback about all elements of the service
- Creative expression program

After Care:

- Transitional housing program
- Ongoing counselling through Cyrenian House Non-residential Services
- Referral to other AOD and/or allied health services

